

Coronavirus/Covid-19 [engelska]

Protect yourself and others from spread of infection



Wash your hands often
with soap and hot water
for at least 30 seconds



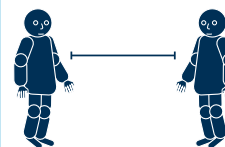
Cough and sneeze
into your elbow



Avoid touching your eyes,
nose and mouth



Stay at home if you feel
unwell, even if you only
feel slightly unwell



Keep your distance to others
– even your friends



Stay at home if you are
older than 70 years